



1:1 COACHING

Don't forget! Hope University now offers follow-up 1:1 coaching services! After gaining basic knowledge in the workshops, we encourage you to set up an individual coaching session to help set goals, make a goal plan, and implement it. The frequency and length of the coaching meetings is dependent on your goals.

Contact our office to find out more & set up your coaching appointment today!

FISH FOOD BANK

Mercer Creek Church (1407 N. B Street) is currently the temporary location for FISH Food Bank. Food Distribution times are as follows:

-Mondays & Tuesdays 3:00PM-5:30PM

-Wednesday 9:00AM-11:30 AM

-Thursdays & Fridays 3:00PM-5:00PM

Lunches are served at Mercer Creek Church Monday, Wednesday, & Friday 12:00PM-1:00PM

Saturday Night Dinners are at First Lutheran Church 512 N Ruby 5:00PM-6:00PM

COMMUNITY CONNECT DAY

Community Connect Day, happening on January 29th, is a day for different agencies of Kittitas County to get together and pool their resources. Any individual who is homeless or at risk of being homeless is invited to come. The goal of this event is to allow these individuals to access services and for the agencies to take count of how many people are being served.

HopeSource Contact Information:

Telephone Number: (509) 925-1448

E-mail: hopeuniversity@hopesource.us

Website: www.hopesource.us/hopeUniversity



JANUARY 2015 CLASS SCHEDULE

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| <ul style="list-style-type: none"> • Tenant Preparation • Managing Your Money • Saving Money • Energy Conservation | <ul style="list-style-type: none"> • Organization & Time Management • Credit & Debt • Developing Positive Work Habits • Living Smarter (nutrition) |
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Reminder: HopeSource also has all classes available online! Visit our website www.hopesource.us and click on our Hope University page to watch the workshops online for your convenience.

Please call in to reserve your spot!

Tuesday	Wednesday	Thursday	Friday
		1	2
		Office Closed	Office Closed
6	7	8	9
	2:00PM Credit and Debt		
13	14	15	16
2:00PM Saving Money	2:00PM Credit and Debt	2:00PM Money Management (Cle Elum)	2:00PM Energy Conservation
20	21	22	23
5:00PM Saving Money Hal Holmes Center		10:00AM Saving Money	
27	28	29	30
	10:00AM Money Management		10:00AM Energy Conservation (Cle Elum)